

TRUE Cardio Equipment



650 Treadmill

With a combination of the latest technology options and the reliability of TRUE's premium warranty, the C650 treadmill provides the performance and efficiency needed for your commercial facility. Patented items like HRC Heart Rate Control® and TRUE's low-impact Soft System® allows your users to have a first-class exercise experience.

- *Maximum Incline: 15%*
- *Maximum Speed: 15 MPH (24 KPH) With Decline Kit*
- *Patented HRC Cruise Control® and Soft System® Deck*
- *Reversible Deck*



Spectrum Cardio Machine

The Most Versatile Cardio Machine On the Market: a stepper, elliptical and runner all in one machine. The TRUE Spectrum provides versatility for every user with 1" stride adjustments from 13" to 30". With quick keys, users can go from a stepping motion to a full-stride running motion with the push of a button, to work out a variety of muscle groups in one cardio session.

- *Core Drive® System*
- *Electromagnetic Eddy Current Brake*
- *13"-30" Adjustable Stride*
- *Soft Step Cushioned Footpads*
- *Ergonomic Multi-Grip Handles*



900 Recumbent Bike

Like all TRUE equipment, the C900 recumbent bike is comfortable, smooth, quiet and durable. Plus, since users don't have to step over the frame to reach the seat, it's perfect for all ages.

- *Self-Generating Capability*
- *Dual-Stage Drive System*
- *20-600 Watts Workload Range*
- *Dual Sided Pedals With Ratcheting Strap*
- *Quick Access Controls*



900 Upright Bike

The C900 Upright Bike is the sleekest upright bike on the market today. With an industrial design combined with TRUE's quality and durability, this bike is sure to be a favorite of your facilities' users. A low step-up height ensures the C900 is a safe and easy entry for all ages and fitness levels.

- *Self-Generating Capability*
- *Dual-Stage Drive System*
- *3-Piece Forged Steel Crank System*
- *20-600 Watts Workload Range*
- *30 Resistance Levels*

APOLLO Strength Training Equipment



APOLLO 7000 MULTI PRESS

The TuffStuff Apollo 7000 Multi Press accommodates a variety of exercises from the combined multi press/row station, lat pulldown station, mid pulley and low pulley positions.

- Adjustable back pad for custom range of motion settings
- 360-degree swivel, multi directional low pulley station
- 7-position adjustable press bar
- Solid steel 200 lbs. weight stack with low friction sleeves
- Ratchet-style adjustable seat pad
- Multi-press / row station
- Lat pulldown station
- Mid-pulley and low pulley positions



APOLLO 7000 LEG EXTENSION / CURL STATION

TuffStuff's Apollo 7000 Leg Extension /Curl Station features a 6-position adjustable leg hold down to accommodate users of various sizes. With a multi position back pad and bio-mechanical seat, the Apollo 7000 Leg Extension /Curl Station provides maximum ergonomic support.

- Custom cam design ensures proper strength curve
- Solid steel 200 lbs. weight stack with low friction sleeves
- 6-position adjustable leg hold-down
- Multi position back pad and biomechanical seat
- High-density commercial padding and naugahyde



APOLLO 7000 LEG PRESS

Featuring an adjustable 6-position ergonomic seat carriage, custom convex footplate, and 200 lbs. steel weight stack with a 2:1 ratio that provides 400 lbs. of weight resistance.

- Custom convex footplate for neutral ankle and knee alignment
- Adjustable 6-position ergonomic seat carriage
- High-density commercial padding and naugahyde
- Solid steel 200 lbs. weight stack with low friction sleeves
- 2:1 ratio provides 400 lbs. of weight resistance



EVOLUTION CORNER MULTI-FUNCTIONAL TRAINER

TuffStuff's Evolution Corner Multi-Functional Trainer features three separate cable stations. The CXT-200 includes TuffStuff's unique dual resistance ratio at the handle, which provides 1/4 resistance with a single cable hook-up, and 1/2 resistance with dual cable hook-ups.

- Space-efficient corner design to fit any facility size
- TuffStuff's unique dual resistance ratio
- Three (3) separate cable stations
- Quick change trigger-style adjustments
- Solid steel rotating accessory storage rack
- Two (150 lbs.) weight stacks (optional upgrade to 200 lbs.)